



## Overview:

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Our workshop has been developed to prepare participants with the knowledge and skills necessary to design and implement training programs.

## Training Objectives:

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- Discover & Develop Comfort and Confidence in front of an Audience
- Develop the Skills & Competencies required for a Trainer
- An Understanding of Group (audience) Dynamics
- Handling Cynicism, Fear and Resistance
- Creating a Dynamic Training Program
- Creating Energy in The Training Room
- Role-Play Management Skills
- Using Your Personal Strengths to Your Advantage in the Training Room

## Training Topics:

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- Introduction and overview
- **Training Needs Analysis:**
  - Conducting Training Needs Analysis (TNA)
  - Methods of TNA
- **Design of Training Programs:**
  - Designing the Training Program:
    - Determining the message
    - Crafting the storyline
    - Building a presentation storyboard
    - Making the most of your visuals – pictures and graphs



- Development of Training Material:
  - Understanding the audience
  - Structure of delivery
  - Mediums of delivery
  - Methods of evaluation
  - Identification of Training Activities

- **Delivering the Training Program:**

Platform Skills

- Voice
- Body language
- Connect & Rapport with Audience
- Enthusiasm

Facilitation Skills

- Questioning
- Listening
- Drawing People out
- Leading Discussions
- Demonstrating a skill

Process Skills

- Creating a positive environment for learning
- Handling resistance
- Debriefing
- Summarizing & Effective wrap up

- **Evaluating the Training Program:**

- Understanding Kirkpatrick's levels of evaluation
- Choosing evaluation techniques based on the nature of training



## Assessment Methodology:

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- A Pre- and Post-Training Assessment will be conducted in the following way:
  - Each participant will come in prepared to do a 5-10 minute training session
  - Parameters that have been decided on will be used to score this presentation
  - This presentation will be videotaped
  - At the end of the program, each participant will do another 5-10 minute training session
  - They will be graded on the same parameters
  - The presentation will also be videotaped
  - The trainer will give a short written evaluation on each participant with regards to his/her strengths and growth areas in the space of training
  - MMM will hand over the written evaluation and the pre- and post-training assessment videos to your organization

## Training Hours:

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The duration of the training program will be 3 days

## Training Methodology:

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Our training is carried out in a risk free environment, which encourages trainees to practice the skills that are taught. We use a number of training methods including simulations, video recording with feedback and group exercises to enhance the learning process.

- Instructor Led Training
- Role Plays
- Games and Group Activities
- Simulations

## Resources Required:

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- Momentum Training Solutions will conduct the training.
- Maximum number of participants to a session will be 15.



# Train The Trainer Workshop



- The training will be conducted at a venue organized by your organization.
- The following will be provided by your organization:
  - Handouts will be printed/photocopied
  - An LCD projector
  - Audio speakers