

# Presentation Skills Coaching



"Make thyself a craftsman in speech, for thereby thou shalt gain the upper hand."

Inscription found in a 3,000 year-old Egyptian Tomb



- Presentation Skills are acquired overtime and practice.
- Attending a workshop alone does not mean that the skills will improve.
- Momentum Training
   Solutions is looking to
   address this gap by
   providing Presentation
   Skills coaching that ensures
   learning and continuous
   improvement.



"In making a speech one must study three points: first, the means of producing persuasion; second, the language; third the proper arrangement of the various parts of the speech." - Aristotle



- Practice in a risk-free environment
- Just-in-time interventions that enable the coachee tobe prepared for key presentations
- Improvement of coachee's skills, over 6 months, by 20% to 40%

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# Coaching Approach

Face-to-face Training Online Coaching

Need Based Coaching and Content Design

## Face-to-face Coaching



Preassessment  The coach and the coachee meet; the coachee's presentations skills are assessed by the coach

Workshop

 Alternatively, if there are three or more participants, a two day workshop on Presentation Skills coaching can also be conducted

Mediums

 The session can be conducted face-to-face (in certain locations in India, USA and Malaysia) or can also be done over a virtual meeting

Duration and Frequency

- The frequency of the session can be decided on a mutually convenient basis
- The duration of each session will last between one and two hours
- The duration can be increased or decreased based on the convenience of the coachee

Online Methodology  The online platform can be as simple as Skype or if more presentation design based coaching work is involved, platforms like GoTo Meeting can be used

## Needs Based Coaching & Content Design



Continuous Learning  Continuous coaching touch-points based on the skill level of the participant

Need Based Learning Coachee can request sessions based on their need (e.g.)
Before a major meeting or presentation

Content Design  MMM Training Solutions can also help custom create for, or co-create presentations with coachees



Coaching for Success

Face-toface Coaching

Presentation Skills Coaching

Need Based Coaching and Content Design Online Coaching and Continuous Learning



"According to most studies, people's number one fear ispublic speaking. Number two is death. Death is number two. Does that sound right? This means to the average person, if you go to a funeral, you're better off in the casket than doing the eulogy."

- JerrySeinfield